

Grief and Loss Support Group



Have you lost a loved one recently and are having difficulty coping? Atlantic Health System offers a forum for you to meet with others experiencing loss.

Atlantic Health System cares about you and your family. Our Social Workers will:

- Provide a safe place for you to express your feelings
- Guide you through the grief process
- Connect you with others who share feelings of grief and loss
- Provide resources for ongoing support

Wednesdays, 12:00 to 1:00p.m.

Zoom Virtual Webinar

Pre-registration is required.

Call 973-753-2718 to register.

The meeting will be facilitated by Care Coordination Licensed Social Workers.

*If you are in a crisis situation and need to speak with someone right away, please **call 911 or go to your local emergency room.***