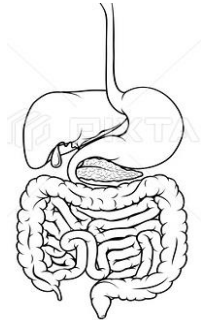


Patient Information for Colonoscopy, EUS Lower, Upper Endoscopy, or EGD

The physician has ordered you the following procedure(s):

- Colonoscopy
- EUS Lower
- Upper endoscopy
- EUS Upper
- EGD with Bravo 96 hrs
- Other WITH POSSIBLE VCE (VIDEO CAPSULE ENDOSCOPY) IN RECOVERY



DATE:

TIME:

Arrival time:

New Covid Testing Guidelines:

COVID ANTIGEN TEST will be required on the day of the procedure.

It is mandatory testing as per hospital policy.

This will be performed at the endoscopy center by the nurses upon arrival

As such, it is expected please arrive 1.5 hours prior to your scheduled procedure time

If the test is positive, then the procedure will be cancelled.

NOTE: You will receive general anesthesia (conscious sedation) and will need an adult 18 years or older to sign you out and drive you home. Please note that the hospital will not release you to a public taxi service or car service.

You will receive a confirmation call, text message and/or Mychart message a week prior to confirm your procedure. Please confirm, cancel, or reschedule procedure at least one week prior.

PLEASE NOTE YOU WILL BE CHARGED A FEE of \$250 IF YOU CANCEL WITHIN 48 HOURS OR FAIL TO SHOW.

The procedure is located at:

**CENTER FOR
DIGESTIVE HEALTH**

Morristown Medical Center,
Deskovick Level D
100 Madison Avenue, Morristown
NJ, 07960

973-971-5088

**MORRISTOWN
SURGICAL CENTER
ENDOSCOPY
DIVISION**

111 Madison Avenue,
Suite 401
Morristown, NJ 07960

973-971-6970

Please review medications with your primary care physician prior to your procedure; you may have to change your medication routine if you take anti-coagulants, diabetic medication, or iron supplements.

For the colonoscopy to be thorough and safe, your bowel must be completely empty. So, to prepare you for the procedure you must follow a clear liquid diet the entire day before (this is from the time you wake up till the next day) and day of procedure.

Some examples of acceptable liquids are:

- Water
- Fat free bouillon or chicken broth ONLY (no grease)
- Strained fruit juices (apple), lemonade, or limeade (with no pulp)
- Plain coffee / plain tea (no cream, no milk and no sugar)
- Seltzer (with fresh squeezed lemon or lime/ diet 7-Up, Sprite Zero or Ginger Ale
- Jell-O (orange, lemon, or lime)

Some examples of prohibited liquids:

- Milk
- Alcohol
- Anything colored red, blue or purple

Along with following a clear liquid diet, you will also have to obtain a prescription or over-the-counter bowel preparation. Depending on your insurance, there are different versions you may be required to do.

Below are the instructions for common bowel preparations we prescribe.

NOTE: If your prescription is not ready to pick up one week prior to your procedure, please contact the office and we will call it in for you right away.

PLEASE CHECK WHICH PREP YOU HAVE AT HOME AND CHECK THE INSTRUCTIONS BELOW:

SUTAB BOWEL PREP (SPECIALTY PHARMACY)	Please see instructions here >
CLENPIQ BOWEL PREP KIT (PRESCRIPTION):	<ul style="list-style-type: none"> • Take the first serving (bottle #1) at 5PM the evening before procedure • Take the second serving (bottle #2) 5 hours before the scheduled procedure time <p>**Please make sure while prepping to stay hydrated, however, remember NOTHING BY MOUTH four hours prior to procedure time, not even water.</p>
PLENVU (PRESCRIPTION) SPECIALTY PHARMACY	<ul style="list-style-type: none"> • Take the first serving (Dose Packet #1) at 5PM the evening before procedure • One to two hours post completion of 1st packet please take 2 (80mg) tablets of Simethicone (Gas-X) • Take the second serving (Packets A&B together) 5 hours before the scheduled procedure time on procedure day <p>**Please make sure while prepping to stay hydrated, however, remember NOTHING BY MOUTH four hours prior to procedure time, not even water.</p>

<p>GOLYTELY/NEWLYTELY/GAVILYTE/TRILYTE (PRESCRIPTION):</p>	<ul style="list-style-type: none"> • Begin taking prep at 5PM the evening before your procedure, YOU MUST drink 8 oz per every 10 minutes, until the jug is completely empty. <p>**Please make sure while prepping to stay hydrated, however, remember NOTHING BY MOUTH four hours prior to procedure time, not even water.</p>
<p>MiraLAX & Dulcolax (OVER THE COUNTER):</p>	<ul style="list-style-type: none"> • Please take 2 (5mg) tablets of Biscodyl Dulcolax (NOT STOOL SOFTER) @ 3pm the day prior to procedure • Mix 1 (238g) bottle of Miralax with 64 oz of a clear liquid (water, Gatorade-yellow/orange, or yellow lemonade Crystal Light) • Please take 32 oz of combined mixture @ 5pm the day prior to your procedure date • Additional 32 oz of combined mixture @ 7pm <p>**Please make sure while prepping to stay hydrated, however, remember NOTHING BY MOUTH 4 hours prior to procedure, not even water.</p>

Medication Instructions:

- The procedure you've been prescribed prohibits the consumption of certain medications. Do not take any iron supplements (including multivitamins that have iron as an ingredient), omega 3 fish oil, or anti-inflammatories such as **Motrin, Ibuprofen, Aleve, or Aspirin** for **5-7 days** prior to your procedure.
- **IF PAIN or HEADACHE SHOULD OCCUR 5-7 days prior to procedure date, please take TYLENOL ONLY****
- If you are on any anti-coagulants such as **Warfarin, Coumadin, Plavix**, or any **diabetic medication, please** contact the prescribing physician to obtain clearance, and get directions on how to take it prior to your procedure date.
 - If you are required to take medications in the morning that do not conflict with this list, you may do so with a small sip of water prior to your procedure.

If you have any more questions regarding your procedure, please notify the office and we will be happy to assist you.